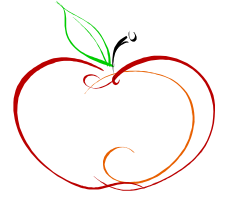




Arrowhead Senior Nutrition

May 2022

www.aeoa.org



Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
2 Special of the Day ~Call the site nearest you~	3 Cauliflower & Cheese Soup Ham Sandwich Cookie	4 Chicken Pasta Salad Veggies Fruit	5 Roast Beef Dinner Banana Pudding Poke Cake	8 French Toast and Sausage with warm Apples Blueberry Fluff	FROZEN MEALS ARE	AVAILABLE FOR WEEKENDS
9 Sloppy Joe Potato Wedges Baked Beans Fruit	10 Chicken w/ Fruit Sauce Veggies Pudding w/ Topping	11 MN Hotdish Fresh Roll Blueberry Crisp w/ Topping Celebrate MN Statehood 05/11/1858 	12 Penne Pasta with Italian Sausage Fresh Fruit	13 Fish Taco <i>or Alternate</i> Rice Krispy Bar		
16 Liver/Onions <i>or Alternate</i> Fresh Fruit	17 Chef Salad Tropical Cupcake	18 Twisted Taco Fruited Jell-O Topping	19 Roast Turkey Dinner Homemade Cookie	20 Lasagna Fresh Fruit		
23 Special of the Day ~Call the site nearest you~	24 Pork Loin Dinner Pudding w/topping	25 Tri Colored Rotini with Chicken Fresh Fruit	26 Meatballs/Gravy Jell-O Poke Cake	27 Hamloaf <i>or Alternate</i> Homemade Cookie		
30 Memorial Day Sites Closed ~ Frozen Meals Available~ 	31 Cheeseburger on Bun Seasoned Potatoes Fruit					

- **Alternative** entrees are available on days indicated. Please call in your request 24 hours in advance.
- Registered customers are offered the meal service for a \$4.00 contribution; customers under age 60 are charged \$8.50.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

AEOA is a private, non-profit, non-governmental agency.