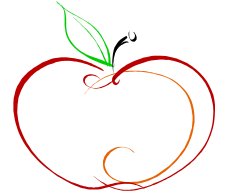





# Arrowhead Senior Nutrition

June 2022

[www.aeoa.org](http://www.aeoa.org)



Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
		1 Chilled Ham Butterscotch Dessert	2 Hot Meatloaf Sandwich Jell-O w/ Fruit	3 Pork Chow Mein Fresh Fruit	FROZEN MEALS ARE	AVAILABLE FOR WEEKENDS
6 Special of the Day ~ Call the site nearest you~	7 Cauliflower & Cheese Soup Ham Sandwich Cookie	8 Chicken Pasta Salad Seasonal Melon	9 Roast Beef Dinner Banana Pudding Poke Cake <i>MN Twins Baseball Day</i> 	10 French Toast and Sausage with warm Apples Blueberry Fluff		
13 Sloppy Joe Potato Wedges Baked Beans Fruit	14 Chicken w/ Fruit Sauce Veggies Pudding w/ Topping	15 MN Hotdish Fresh Roll Blueberry Crisp w/ Topping	16 Penne Pasta with Italian Sausage Fresh Fruit	17 Fish Taco <i>or Alternate</i> Rice Krispy Bar		
20 Liver/Onions <i>or</i> <i>Alternate</i> Fresh Fruit	21 Chef Salad Tropical Cupcake	22 Twisted Taco Fruited Jell-O w/Topping	23 Roast Turkey Dinner Homemade Cookie	24 Lasagna Fresh Fruit		
27 Special of the Day ~ Call the site nearest you	28 Pork Loin Dinner Pudding w/ Topping	29 Tri Colored Rotini with Chicken Fresh Fruit	30 Meatballs/Gravy Mashed Potatoes Jell-O Poke Cake			

- **Alternate** entrees are available on days indicated. Please call in your request 24 hours in advance.
- Registered customers are offered the meal service for a \$4.00 contribution; customers under age 60 are charged \$8.50.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

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non-profit,  
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