

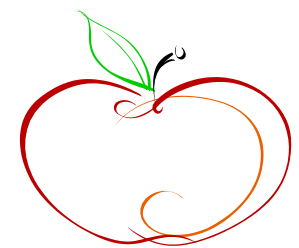


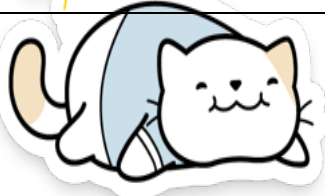
**Arrowhead Senior Nutrition**

**June 2025**

[www.aeoa.org](http://www.aeoa.org)

Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899



Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey Sub Sandwich Fresh Orange Slices Sugar Cookie	3 Meaty Lasagna Garlic Green Beans Chocolate Brownie	4 Baked Turkey Roast Broccoli Normandy Sweet Potatoes Stuffing Frosted Cake	5 Chef Salad * Crisp Grapes Cornbread	6 Chicken Dressing Bake Peas & Carrots Cherry Jell-O
9 Crispy Chicken Sandwich Mixed Vegetables Fruited Jell-O	10 Spaghetti & Meat Sauce Green Salad Strawberry Shortcake	11 Taco Twist Hot Dish Tortilla Chips Fresh Orange Slices Churro Bites	12 Glazed Pork Loin Mashed Potatoes Glazed Carrots Vanilla Pudding	13 Tuna Pasta Salad Mandarin Oranges Chocolate Chip Cookie
16 Cheeseburger on a Bun Fresh Jazz Apple Potato Wedges Rice Krispie Treat	17 Chicken Drumsticks Cucumber Radish Salad Au Gratin Potatoes Cornbread Frosted Cake	18 Homemade Meatloaf Baked Potato Peas Chocolate Brownie	19 Bruschetta Chicken Seasoned Broccoli Sugar Cookie	20 Cook's Choice  Contact Your Local Kitchen
23 Tuna Salad Sandwich Cucumber Salad Mandarin Oranges Cookie	24 <b>Fun in the Sun Party</b>  <b>Chicken Pasta Salad</b> <b>Crisp Grapes</b> <b>Sparkling Orange Jell-O</b>	25 Hamburger Gravy Mashed Potatoes Dill Carrots Frosted Cake	26 Chicken Hashbrown Bake Herbed Green Beans Sliced Peaches	27 Savory Chili Cornbread Cinnamon Apples Rice Krispie Treat
30 Sloppy Joe on a Bun Potato Wedges Fresh Jazz Apple Cookie				

- **Alternate** entrees are available on days indicated with a \*. Please call in your request 24 hours in advance.
- Frozen Meals are available for weekends.
- Registered customers are offered the meal service for a \$4.50 contribution; customers under age 60 are charged \$9.00.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

**AEOA is a private, non-profit, non-governmental agency.**