

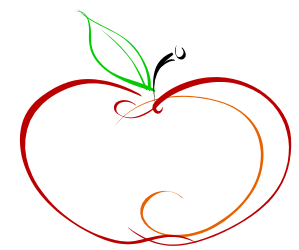



# Arrowhead Senior Nutrition

April 2025

[www.aeoa.org](http://www.aeoa.org)

Virginia Office: 1-800-662-5711, ext. 6899 or (218) 735-6899



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spaghetti & Meat Sauce Green Salad Strawberry Shortcake	2 Taco Twist Hot Dish Tortilla Chips Orange Slices Churro Bites	3 Glazed Pork Loin Mashed Potatoes Glazed Carrots Vanilla Pudding	4 Tuna Pasta Salad Mandarin Oranges Chocolate Chip Cookie
7 Cheeseburger on a Bun Potato Wedges Fresh Jazz Apple Rice Krispie Treat	8 Chicken Drumsticks Au Gratin Potatoes Cucumber Radish Salad Cornbread Frosted Cake	9 Homemade Meatloaf Baked Potato Peas Chocolate Brownie	10 Bruschetta Chicken Seasoned Broccoli Sugar Cookie	11 Cook's Choice  Contact Your Local Kitchen
14 Tuna Salad Sandwich Cucumber Salad Mandarin Oranges Chocolate Chip Cookie	15 Italian Pasta Salad with Chicken Crisp Grapes Sparkling Orange Jell-O	16 Hamburger Gravy Mashed Potatoes Dill Carrots Frosted Cake	17 Chicken Hashbrown Bake Herbed Green Beans Sliced Peaches	18 Savory Chili Cornbread Cinnamon Apples Rice Krispie Treat
21 Sloppy Joe on a Bun Potato Wedges Fresh Jazz Apple Chocolate Chip Cookie	22 Crispy Chicken Strips Baked Potato Cooked Beets Cornbread Rice Krispie Treat	23 Homestyle Goulash Green Salad Chocolate Brownie	24 BBQ Chicken Breast Peas and Carrots Mashed Potatoes Saucy 7 Jell-O Salad	25 Invite a Friend Party  <b>Crunchy Taco Salad</b>  <b>Churro Bites</b>
28 Turkey Sub Sandwich Fresh Orange Slices Sugar Cookie	29 Meaty Lasagna Green Salad Chocolate Brownie	30 Baked Turkey Roast Broccoli Normandy Sweet Potatoes Stuffing Frosted Cake		

- **Alternate** entrees are available on days indicated with a \*. Please call in your request 24 hours in advance.
- Frozen Meals are available for weekends.
- Registered customers are offered the meal service for a \$4.50 contribution; customers under age 60 are charged \$9.00.
- Menus are subject to change without notice. If you have any questions, please check with the offices noted above or your local dining site.
- Thank you for your patronage!

AEOA is a private, non-profit, non-governmental agency.