You are the first and most important teacher in your child's life. You are helping your child learn everyday by talking, reading, playing, and interacting together. Try some of the fun activities listed on the back of the form with your child. Activities are listed in order of developmental levels, starting with activities for pregnant mothers, infants, toddlers, preschoolers, and then kindergartners. Not only are you helping your child learn by reading books and completing fun activities together, you are also earning In Kind for our program. In Kind hours equals federal dollars that help run our program.

- Please complete this form and give to your child's teacher before the end of the month.

Child’s Name__________________________________ Site__________________________________

<table>
<thead>
<tr>
<th>Parent/Family Name (Printed)</th>
<th>Signature</th>
<th>Total Hours (all activities-both sides)</th>
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<tbody>
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### January Monthly Book List
Language, Literacy, & Communication

Write the title of any books that you read with your child and how many times on each line below.

1. ____________________________ 11. ____________________________
2. ____________________________ 12. ____________________________
3. ____________________________ 13. ____________________________
4. ____________________________ 14. ____________________________
5. ____________________________ 15. ____________________________
6. ____________________________ 16. ____________________________
7. ____________________________ 17. ____________________________
8. ____________________________ 18. ____________________________
9. ____________________________ 19. ____________________________
10. ____________________________ 20. ____________________________

*Each book = 15 minutes of In Kind
At Home Activities
January (Creative Arts – Art, Music, Movement, and Pretend Play)

- Please write down how many times you completed an activity on the lines below.

Prenatal Mothers–Soft, Relaxing Music: (15 minutes)  Number of times activity completed: __________
Soft music is extremely relaxing and can help reduce your stress level. Your unborn baby can also calm and quiet to soft music. Play some of your favorite relaxing music. How did the movements of baby change?

Exploring Textures and Colors: (15 minutes)  Number of times activity completed: __________
Find objects and toys with different colors and textures such as blocks, fabric/cloth, rattles, or balls. Set them by your baby and let him/her look, touch, and mouth the objects. (Make sure nothing is too small that your baby could accidentally choke on.) What colors and textures does your child like to look at, touch, or put in their mouth?

Copy Cat: (15 minutes)  Number of times activity completed: __________
Sit with your child face to face. Make different faces, movements, or sounds. Have them try to copy you by doing the same thing back. Try clapping your hands, pointing to different body parts, making animal or vehicle noises, or making silly faces. What faces, movements, or sounds did you do with your child? What are the things they like to copy?

Building: (30 minutes)  Number of times activity completed: __________
Gather boxes, blocks, containers, plastic bowls or cups, and anything else you could use to stack. Build and create using the assortment of materials with your child. What are some things you and your child built together? What materials did you use?

Frozen Statues: (30 minutes)   Number of times activity completed: __________
Talk to your child about how a “statue” is always still. Pretend that everyone turns into a statue whenever the music stops. Dance or move around with your child while the music is on…then stop the music. Stop and freeze like a statue. Start the music and dance together again. Continue the game.

Steady Beat: (15 minutes)  Number of times activity completed: __________
Play some of your child’s favorite songs. Encourage your child to bang on a bowl or box to the music. Then try stomping, clapping, and dancing to the music. Encourage your child to sing along to the music as he/she does the movements. Does your child keep a steady beat to the music? Does your child sing along using the correct words?

Family Picture: (30 minutes)  Number of times activity completed: __________
Ask your child to make a picture of your family. Talk about all your family members including any pets. Ask questions and talk about the picture. “Tell me about your picture.” Talk about any details of the picture you notice such as, “Baby has a smile on his face. Is he happy?” “You drew eyes on Daddy. Now he can see.” What details do you notice in your child’s picture? Do people have arms and hands, legs and feet, or mouths with teeth?

Thank you for helping support your child’s development and our program!