You are the first and most important teacher in your child's life. You are helping your child learn everyday by talking, reading, playing, and interacting together. Try some of the fun activities listed on the back of the form with your child. Activities are listed in order of developmental levels, starting with activities for pregnant mothers, infants, toddlers, preschoolers, and then kindergartners. Not only are you helping your child learn by reading books and completing fun activities together, you are also earning In Kind for our program. In Kind hours equals federal dollars that help run our program.

- Please complete this form and give to your child's teacher before the end of the month.

Child’s Name ___________________________ Site _______________________

<table>
<thead>
<tr>
<th>Parent/Family Name (Printed)</th>
<th>Signature</th>
<th>Total Hours (all activities-both sides)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Family Name (Printed)</td>
<td>Signature</td>
<td>Total Hours (all activities-both sides)</td>
</tr>
</tbody>
</table>

August Monthly Book List
Language, Literacy, & Communication

Write the title of any books that you read with your child and how many times on each line below.

1. ___________________________ 11. ___________________________
2. ___________________________ 12. ___________________________
3. ___________________________ 13. ___________________________
4. ___________________________ 14. ___________________________
5. ___________________________ 15. ___________________________
6. ___________________________ 16. ___________________________
7. ___________________________ 17. ___________________________
8. ___________________________ 18. ___________________________
9. ___________________________ 19. ___________________________
10. ___________________________ 20. ___________________________

*Each book = 15 minutes of In Kind
At Home Activities  
August (Math)

- Please write down how many times you completed an activity on the lines below.

**Prenatal Mothers—Neighborhood Walk:** (15 min)  
Get outside and go for a walk on a nice day. Walk around your neighborhood, find some walking trails, or search for a nearby park to go to once baby is born. Getting out and going for a walk is a great way to stay healthy during your pregnancy. Try to walk a little further each time you go. How did you feel before and after the walk?

**Tracking with Eyes:** (15 minutes)  
Show your baby a bright rattle, ball, or toy. Hold the item about one foot from his/her face. Move the item slowly back and forth, and up and down. Does your baby move his/her eyes and follow the item as you move it slowly?

**Nature Collection:** (15 minutes)  
Collect objects outside with your child such as leaves, flowers, sticks, or rocks. Let your child place the items in a container. Let your child explore the items, picking them up and putting them back in the container. Ask your child what each item is called. Name the item for your child if he/she does not know and talk about the item.

**Get the Bubbles:** (15 minutes)  
Blow bubbles outside for your child. Homemade bubbles can be made with water and dish soap. The wand can be a cookie cutter or strainer. Encourage your child to get the bubbles and try to pop them. Count the bubbles as your child pops them. Does your child say a number?

**Shape Hunt:** (30 minutes)  
Walk through your house, neighborhood, or store searching for shapes. Talk about and show your child what shape you are hunting for. Name the shape each time your child finds one. “You found a circle. The clock is a circle.” How many shapes was your child able to find? Did your child name the shapes?

**Number Hunt:** (30 minutes)  
Write the numbers 0-9, each on a separate piece of paper. Make the pieces of paper small enough to fit into a brown paper bag. Place the 10 individual pieces of paper in the brown bag. Have your child reach in and pull out one piece of paper. Ask your child if they know what the number on the paper is. If they don’t know, tell them what the number is. Now move around your house helping your child find that number. Good places to look are oven dials, computer keyboards, clocks, remote controls, alarm clocks, or cans of food.

**Measure Me, Part 1:** (30 minutes)  
Take a piece of yarn or string and measure your child from head to toe. Now, move around your home looking for other items to measure. Take your yarn or string that you used to measure your child and use it to compare. Ask your child, “Is the chair taller or shorter than you?” What’s the tallest item your child found? What’s the shortest item your child found? If you have enough yarn or string, together measure and cut the lengths of those items. Then place all the cut yarn or string pieces out and sort them by tall, taller, and tallest and then by short, shorter, and shortest.

**Measure Me, Part 2:** (30 minutes)  
Using a measuring tape, measure your child. Then have your child measure items around the house. Don’t have a measuring tape? Use a block, shoe, or box to measure. How many blocks tall is your child? How many blocks tall is the chair? Which item is the tallest?

Thank you for helping support your child’s development and our program!