



Social-Emotional
Assessment/
Evaluation Measure
RESEARCH EDITION

Family Profile Toddler

for developmental range 18–36 months

Child's name: _____ Child's date of birth: _____

Child's CPID: _____ Site: _____

Family's name: _____ Today's date: _____

Name of person completing form: _____ Date of administration: _____

The following items gather information about your strengths as well as the supports and resources you need to provide a safe, responsive, and emotionally nurturing environment for your child. The items focus on knowledge, skills, and resources you need in order to foster your child's social-emotional development and competence. Although you can complete this form on your own, the preferred method is through an interview with a professional. Items that are not relevant or that you do not want to answer can be omitted.

Items are accompanied by one or more examples to help you understand the item. Following the examples is a space for you to share your own examples related to each item. Please choose between *most of the time*, *sometimes*, *not yet*, or *not sure/need more information* in your response. In addition, you may indicate if you would like to choose the item as an area of focus to gain more information, support, or resources related to the item.



Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
F-1.0 RESPONDING TO MY CHILD'S NEEDS					
1.1 I understand my child's nonverbal communication and know how to respond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>My child usually gets fussy when she is hungry or tired, and I give her a snack or put her down for a nap.</i> <i>I usually hug or talk to my child when she is upset. Then, I play a game or read a story with her.</i>					
Please give examples of your child's nonverbal communication and ways that you respond:					
1.2 I understand my child's verbal communication and know how to respond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I ask my child, "Hungry?" when he fusses.</i> <i>I know my child is tired and wants to take a nap when he says, "Blankie."</i>					
Please give examples of your child's verbal communication and ways that you respond:					
1.3 I know how to support my child's emotional needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I hold and soothe my child when she is hurt, upset, or feeling frightened.</i> <i>I use words to express what my child is feeling when I see that she is mad, frustrated, unhappy, or excited.</i> <i>I have my child take deep breaths to help her calm down when she is upset.</i>					
Please give examples of how you support your child's emotional needs:					

Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
1.4 I use positive comments and language with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Some examples might be
I comment on how gentle my child is being when he is petting the cat.
I give my child a high-five when he picks up his toys.

Please give examples of positive language you use and comments you say to your child:

1.5 I know how to successfully redirect my child's inappropriate behaviors.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I give my child her favorite doll before she pokes her baby sister.
I remind my child to walk indoors when she begins to run, or I take her outside to play.

Please give examples of ways you redirect your child's inappropriate behaviors:

1.6 I understand why my child engages in inappropriate behaviors and know how to modify the environment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
---	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I prepare my child for a long bus ride by providing him with art and other enjoyable activities to keep him occupied during the trip.
I let my child choose one grocery item at the store before a tantrum occurs.

Please give examples of ways that you prevent inappropriate behaviors:

Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
--	------------------	-----------	---------	--------------------------	------------

F-2.0 PROVIDING ACTIVITIES THAT MATCH MY CHILD'S DEVELOPMENTAL LEVEL

2.1 I provide my child books, toys, and playthings that match her developmental level.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I offer materials and toys that encourage her thinking and problem-solving skills (e.g., sorting toys into buckets, completing puzzles, playing with puppets).
I am able to provide toys and books that are safe and interesting to my child.

Please give examples of items you provide for your child:

2.2 I know the age-appropriate games that my child enjoys.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I play simple action games with my child that he enjoys (e.g., Hide and Seek, Ring Around the Rosie).
I play my child's favorite talking and rhyming games (e.g., I Spy).

Please give examples of games that you play with your child:

F-3.0 PROVIDING PREDICTABLE SCHEDULE/ROUTINES AND APPROPRIATE ENVIRONMENT FOR MY CHILD

3.1 I provide a mealtime routine for my child that is predictable and appropriate for her age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I provide my child with regular meals and snacks at predictable times each day.
I provide my child with a variety of foods throughout the day, such as different fruits and vegetables, including foods my child eats with her hands or utensils.

Please give examples of your mealtime routine and foods you provide:

Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
3.2 I provide a rest and sleeping routine for my child that is predictable and appropriate for his age.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Some examples might be
I provide bedtime and naptime at consistent times across days and weeks.
I follow a simple routine before bed (e.g., taking a warm bath, brushing teeth, reading stories).

Please give examples of your child's nap and bedtime routines:

3.3 I provide my child with predictable limits and consequences.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
---	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I provide my child with consistent limits and rules (e.g., no hitting, no throwing toys).
I notice and comment to my child when she is doing something positive and consistent with our household rules (e.g., "I like the way you are coloring on the paper").

Please give examples of how you provide predictable limits and consequences for your child:

3.4 I take time each day to play with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be
I spend time at home singing songs and looking at books with my child.
I try to make routine activities such as mealtimes, bath time, and potty time playful and fun for my child.

Please give examples of times of day when you play with your child and playful activities you do together:

Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
F-4.0 PROVIDING A SAFE HOME AND PLAY ENVIRONMENT FOR MY CHILD					
4.1 I have done a safety check on my home to make it safe for my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I keep dangerous objects and other harmful substances (e.g., medications, cleaning supplies) out of reach or in locked cupboards.</i> <i>I have outlet covers on the electrical outlets my child can reach.</i>					
Please give examples of ways you keep your environment safe for your child:					
4.2 I have a safe way to transport my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
An example might be <i>I use a stroller and car seat that are appropriate for my child's height and weight.</i>					
Please give examples of your child's safe travel arrangements:					
4.3 I am able to provide my child with safe care and supervision.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Some examples might be <i>I watch my child while he plays at the park or outdoors.</i> <i>I arrange for someone I trust to supervise or care for my child when I am unable to watch him.</i>					
Please share ways that you provide safe care for your child:					

Please read each item carefully and check the box that best describes you.
Check the triangle if this is a focus area.

	Most of the time	Sometimes	Not yet	Not sure/ need more info	Focus area
4.4 I have access to regular medical and dental care for my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

An example might be

I am able to take my child to the child health clinic for checkups (including hearing and vision) and the dentist at least twice per year.

Please give examples of your health care providers:

4.5 I know how to manage my own feelings of anger and frustration that come up while with my child.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
--	--------------------------	--------------------------	--------------------------	--------------------------	-------------------------------------

Some examples might be

I have a trusted person to call for help or advice if my child cries for a long time and I am unsure what to do.

I have ways of taking time and caring for myself regularly.

Please give examples of who you turn to or other ways you manage your feelings and frustration: