



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. This note is to tell you signs to watch for in your child. Call your doctor if your child has any of these signs.

If you have questions call the Head Start Health Manager, at 748-7336.

Respiratory Syncytial Virus (RSV): Viral infection that seems like a cold. Other signs may include fever, chills, headache, body aches, or loss of appetite. It usually goes away on its own in 2-5 days. It can lead to respiratory problems like bronchitis or pneumonia. It could cause wheezing or an attack in children with asthma. Most children have had RSV by the time they are 2 years old. October-May is common time for it to spread.

If your child has RSV, he/she can come back to school 24 hours after fever goes away and feels well enough to spend the day at school.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has RSV.

3/2016



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