



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. This note is to tell you signs to watch for in your child. Call your doctor if your child has any of these signs.

If you have questions call the Head Start Health Manager, at 748-7336.

Influenza: A sudden fever that is usually more than 101°. Chills and body shakes. Headache and body ache. Acting very tired. Sore throat. Dry cough. Stuffy, runny nose. Some children may throw up or have diarrhea.

If your child has influenza, he/she can come to school when the fever has been gone for at least 24 hours.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has influenza.

8/2015



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