



# Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. This note is to tell you signs to watch for in your child. Call your doctor if your child has any of these signs.

If you have questions call the Head Start Health Manager, at 748-7336.

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**Infectious Diarrhea:** Loose and runny stools that may have blood or mucus. Child might have fever, stomach ache, or throw up. It is usually caused by a bacteria or virus. Can take anywhere from 1 day to 4 weeks for child to get sick from this.

**Call your doctor right away if your child has any of these signs.**

**Children can come back to school when the diarrhea has stopped for at least 24 hours.**

**Call your Head Start teacher or the Health Manager if a doctor says your child has diarrhea that other people could catch.**

3/2016



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