

Arrowhead Early Head Start and Head Start
At Home Activities
May (Language, Literacy, and Communication)

You are the first and most important teacher in your child's life. You are helping your child learn everyday by talking, reading, playing, and interacting together. Try some of the fun activities listed on the back of the form with your child. Activities are listed in order of developmental levels, starting with activities for pregnant mothers, infants, toddlers, preschoolers, and then Kindergartners. Not only are you helping your child learn by reading books and completing fun activities together, you are also earning In Kind for our program. In Kind hours equals federal dollars that help run our program.

- Please complete this form and give to your child's teacher before the end of the month.

Child's Name _____ Site _____

Parent/Family Name (**Printed**) _____ Signature _____ **Total Hours** (all activities-both sides) _____

Parent/Family Name (**Printed**) _____ Signature _____ **Total Hours** (all activities-both sides) _____



May Monthly Book List
Language, Literacy, & Communication

Write the title of any books that you read with your child
and how many times on each line below.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

*Each book = 15 minutes of In Kind

At Home Activities
May (Language, Literacy, and Communication))

- Please write down how many times you completed an activity on the lines below.

Prenatal Mothers– Visit the hospital: (30 min) **Number of times activity completed:** _____
Visit the OB ward at the hospital you plan on delivering at. Take a walk through the nursery. Be sure and ask questions of the hospital staff while you're visiting. Pre-register with the hospital.

Nursery Rhymes: (15 minutes) **Number of times activity completed:** _____
Read or sing nursery rhymes to baby. (Ask your Home Visitor or Teacher for some Nursery Rhyme handouts if you like.) Observe your baby. Which nursery rhymes did you do? Did you sing or read them to your baby? How did your baby react?

Singing through the Day: (15 minutes) **Number of times activity completed:** _____
Sing songs to baby throughout the day. Sing to baby as you clean, cook, drive, during bath time, before bed, etc. It doesn't matter if it is a real song or not. Make up a song about what you are doing. How did baby react?

Grab it and Name it: (15 minutes) **Number of times activity completed:** _____
Talk to your child about things around the house. Grab a few items, show them the items and name them. You can take a tour of the house, naming as you go, you can turn it into a scavenger hunt. As you name the items, see if your child will repeat the names. Later go through the house and show your child the item. See if they remember it and name it on their own. What items were your child able to name?

Draw the Story: (30 minutes) **Number of times activity completed:** _____
Read a familiar story with your child. Discuss the different pictures in the storybook. After you are done reading the story together, ask your child to tell you about what happened in the book. Talk about what else could have happened in the book. Let your child draw their own pictures about the book.

I Spy: (30 minutes) **Number of times activity completed:** _____
You can try this activity with your child when you are driving, going for a walk, or in your home together. Give your child an empty paper towel tube (that's their detective spy glass!). Tell your child to "spy" letters of the alphabet "B", or "C", or "D"...etc. Ask them to name as many of them as they can or name them for your child. If letters are hard to find you can write them on paper and set them around for your child to find.

Letter Sounds: (30 minutes) **Number of times activity completed:** _____
Create a day with items and activities for one letter of the alphabet. See how many things you and your child can find that start with that letter. On a "B" day you could play with a "ball" or go on a "bug" hunt and eat "bananas". What items did your child find that started with the letter of the day?



Thank you for helping support your child's development and our program!