## Arrowhead Early Head Start and Head Start At Home Activities April (Science and Technology)

You are the first and most important teacher in your child's life. You are helping your child learn everyday by talking, reading, playing, and interacting together. Try some of the fun activities listed on the back of the form with your child. Activities are listed in order of developmental levels, starting with activities for pregnant mothers, infants, toddlers, preschoolers, and then kindergartners. Not only are you helping your child learn by reading books and completing fun activities together, you are also earning In Kind for our program. In Kind hours equals federal dollars that help run our program.

• Please complete this form and give to your child's teacher before the end of the month.

Child's Name	Site	
Parent/Family Name ( <b>Printed</b> )	Signature	<b>Total Hours</b> (all activities-both sides)
Parent/Family Name ( <b>Printed</b> )	Signature	<b>Total Hours</b> (all activities-both sides)



## **April Monthly Book List**

Language, Literacy, & Communication

Write the title of any books that you read with your child and how many times on each line below.



1	_ 11.	
2.		
3.		
4.		
5		
6.		
7		
8		
9.	19.	
10.		

<sup>\*</sup>Each book = 15 minutes of In Kind

## At Home Activities April (Science and Technology)

• Please write down how many times you completed an activity on the lines below.

Prenatal Mothers–Baby's Prenatal Development: (15 min) N	
Track your baby's development by using the book "What to Ex App. "WebMD Pregnancy" and "What to Expect" are two free baby's prenatal progress and development in your journal.	· · ·
Scarf Pull: (15 minutes)	fumber of times activity completed:
Place one corner of a colorful and soft scarf or piece of materia hand. Open the scarf in front of baby. Talk softly to baby about	l in baby's hand. Slowly pull it through baby's
Drums: (15 minutes)	umber of times activity completed:
Let your child play the drums with a spoon and bowl or pot. Clachild's favorite songs to the music.	ap along to your child's music. Sing one of your
Soapy Suds: (15 minutes)	Number of times activity completed:
Pour water into a dish tub or large bowl less than an inch high.	
ask them, "How do you think we can do that?" You can use a b	ar of soap, liquid hand soap, or dish soap. Let
your child mix the water with their hands and watch the bubble around in the water. Let them squeeze the water out and soak the water and bubbles feel, look, or smell.	
Same or Different: (15 minutes)	Number of times activity completed:
Gather two groups of items from your home. It could be your child cups, whatever you choose. Then talk about which ones are the sa cars. They are the same." "This is a dinosaur, it's different." Talk "The cars all have 4 wheels." "The dinosaurs all have teeth." "The items are the same or different. How did your child explain why same	d's toy cars and dinosaurs or plastic bowls and me and which ones are different. "These are all about what makes them the same or different. bowls are all red." Ask your child why some
Sink or Float: (30 minutes)	Number of times activity completed:
Find several objects from around your house that can be placed in coin, pencil, or paper clip. After you have items gathered, talk wi and floating. Fill a plastic bucket, dishpan, or sink with water. Shif he/she thinks it will sink or float in the water. Place the item in floats. How many of your child's predictions were correct?	water such as: a sponge, plastic spoon, toothbrush, th your child about the difference between sinking ow your child an item you collected and ask them
Rolling Fast or Slow: (30 minutes)	Tumber of times activity completed:
This activity can be done with a toy car, ball or empty toilet paper.	
something for a ramp. Have your child roll the item down the rachange the height of the ramp and talk about if it went faster or	<u> -</u>



Thank you for helping support your child's development and our program!