

At Home Activities
April (Science and Technology)

- Please write down how many times you completed an activity on the lines below.

Prenatal Mothers–Baby’s Prenatal Development: (15 min) **Number of times activity completed:** _____

Track your baby’s development by using the book “What to Expect When You are Expecting” or use a free App. “WebMD Pregnancy” and “What to Expect” are two free apps you could download and try. Write down baby’s prenatal progress and development in your journal.

Scarf Pull: (15 minutes) **Number of times activity completed:** _____

Place one corner of a colorful and soft scarf or piece of material in baby’s hand. Slowly pull it through baby’s hand. Open the scarf in front of baby. Talk softly to baby about the colors and how the scarf feels.

Drums: (15 minutes) **Number of times activity completed:** _____

Let your child play the drums with a spoon and bowl or pot. Clap along to your child’s music. Sing one of your child’s favorite songs to the music.

Soapy Suds: (15 minutes) **Number of times activity completed:** _____

Pour water into a dish tub or large bowl less than an inch high. Tell your child you want to make bubbles and ask them, “How do you think we can do that?” You can use a bar of soap, liquid hand soap, or dish soap. Let your child mix the water with their hands and watch the bubbles get bigger. You can add in sponges to swish around in the water. Let them squeeze the water out and soak back up again. Talk with your child about how the water and bubbles feel, look, or smell.

Same or Different: (15 minutes) **Number of times activity completed:** _____

Gather two groups of items from your home. It could be your child’s toy cars and dinosaurs or plastic bowls and cups, whatever you choose. Then talk about which ones are the same and which ones are different. “These are all cars. They are the same.” “This is a dinosaur, it’s different.” Talk about what makes them the same or different. “The cars all have 4 wheels.” “The dinosaurs all have teeth.” “The bowls are all red.” Ask your child why some items are the same or different. How did your child explain why something was the same or different?

Sink or Float: (30 minutes) **Number of times activity completed:** _____

Find several objects from around your house that can be placed in water such as: a sponge, plastic spoon, toothbrush, coin, pencil, or paper clip. After you have items gathered, talk with your child about the difference between sinking and floating. Fill a plastic bucket, dishpan, or sink with water. Show your child an item you collected and ask them if he/she thinks it will sink or float in the water. Place the item in the water. Talk about why each item sinks or floats. How many of your child’s predictions were correct?

Rolling Fast or Slow: (30 minutes) **Number of times activity completed:** _____

This activity can be done with a toy car, ball or empty toilet paper roll and a piece of cardboard set against something for a ramp. Have your child roll the item down the ramp and talk about if it rolled fast or slow. Change the height of the ramp and talk about if it went faster or slower and why.



Thank you for helping support your child’s development and our program!