



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. This note is to tell you signs to watch for in your child. Call your doctor if your child has any of these signs.

If you have questions call the Head Start Health Manager, at 748-7336.

Hand-Foot-and-Mouth Disease: Small and painful sores on the throat, gums, tongue, and inside of cheeks can be seen. Other common cold signs like a fever, sore throat, runny nose, and cough also may be seen. A rash with blisters may also show up on the hands, soles of the feet, and diaper area. Child may get a headache and not want to eat. Antibiotics will not help—this is caused by a virus.

If your child has Hand-Foot-and-Mouth Disease, he/she can come to school if there isn’t a fever more than 100° and isn’t feeling too sick to play.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has Hand-Foot-and-Mouth Disease.

9/2015



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