



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. This note is to tell you signs to watch for in your child. Call your doctor if your child has any of these signs.

If you have questions call the Head Start Health Manager, at 748-7336.

Fifth Disease: Starts as mild cold-like symptoms. A stuffy or runny nose, sore throat, mild fever, headache, and being tired are common. After 7-10 days, a red rash starts on the child’s cheeks. A lace-like, bumpy rash may show up on the upper body, arms, thighs, and bottom. The virus cannot be spread once the rash appears.

If your child has Fifth Disease, he/she can come to school if there isn’t a fever more than 100°.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has Fifth Disease.

8/2015



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