



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. **This note is to tell you signs to watch for in your child.** Call your doctor if your child has any of these signs. If you have questions call the Head Start Health Manager, at 748-7336.

Croup: Sore throat. Fever. Runny nose. Dry cough that may get worse at night. Noise while taking a breath or fast breathing. It may take 10 days for signs to show up. Croup usually lasts 3-4 days but the cough can last longer.

If your child has croup, he/she can come to school when the fever has been gone for at least 24 hours without using a fever-reducing medicine.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has croup.

4/2016



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