



Arrowhead Head Start Health Alert!



Dear Parent/Guardian:

Someone in your child’s classroom has the health issue below. **This note is to tell you signs to watch for in your child.** Call your doctor if your child has any of these signs. If you have questions call the Head Start Health Manager, at 748-7336.

Chicken Pox: Starts as red spots on the skin. They can be all over the body or just some areas. The spots turn into blisters. These break open and turn into scabs. They can itch a lot. Your child may have a fever and seem tired. It takes 10-21 days to get Chicken Pox after being around someone with it. Chicken pox can be passed to other people before spots show up.

If your child has Chicken Pox, he/she cannot come back to school until all sores have turned into scabs. This means other people can’t catch it anymore.

Call your Head Start teacher or the Health Manager right away if a doctor says your child has Chicken Pox.

7/2015



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