

## **Utilizing Community Mental Health Resources Policy/Procedure**

Parents and staff will be given information on the Head Start Mental and Behavioral Health services and community mental health resources in order to utilize as needed.

### **Policy/Procedure:**

1. The Disability/Mental Health Manager will provide parent resources within Head Start and within the community to classroom and home visiting educators and family support specialists for disbursement to families. These resources include, but are not limited to:
  - Substance abuse.
  - Child abuse and neglect.
  - Domestic violence.
  - Mental health interventions.
  - Behavioral health interventions
  - Parenting support/skills groups
  - Developmental early intervention services.
2. The Family Support Specialists and Home Educators will distribute parent resources to families throughout the year. The distribution of these intervention materials and resources, including specific mental health agencies and contact resources, will be recorded in the data system as a referral for families.
3. Head Start staff will have the Employee Assistance Program available for themselves or immediate family members, according to the contract.

This policy complies with Head Start Performance Standard 45CFR Section 1304.24(a)(3)(ii)(iii)(iv), 1304.40(ii)

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