

Staff Wellness

Policy

All Head Start Staff will receive ongoing support, resources, and training to promote their physical and emotional wellness. Head Start will provide a work environment that is safe and comfortable and promotes respect, trust, and teamwork. The program will train staff on agency and program policies to ensure that there will not be any form of discrimination in the workplace based on disability, race, color, religion, national origin, or sex. The program will promote a work environment where staff feel empowered to make decisions and know that program leadership are here to support them.

Head Start will utilize program data to identify staff needs, challenges and concerns. Data may include annual staff survey information, classroom observation documents, performance reviews, exit interviews as well as information from communication with management. Management will identify and implement strategies and resources to support staff wellness.

This policy complies with Head Start Performance Standards: (45 CFR §1302.45(a), 45 CFR §1302.47(b)(5), (45 CFR §75.431). (45 CFR §1302.93(b)) (45 CFR §1302.90(a))

See Staff Wellness Procedure Document

Approved by Policy Council on April 13, 2022