

Parent Education Opportunities

Policy

Arrowhead Head Start will provide a variety of education and skill development opportunities for parents and families that are relevant to the families' needs and interests. These opportunities may lead toward increase of knowledge, skills, self-enrichment, self-confidence, and self-sufficiency.

Procedure

- Staff will offer education and skill opportunities during Orientations, Home Visits, Socializations, Conferences, Parent Committee Meetings, Policy Council Meetings, Health Serves Advisory Committee (HSAC) Meetings, and other special events such as MHSA Parent Conference.
- Lead Educators and Support Specialists will share training opportunities with families that are offered through the program, community, and on-line.
- Lead Educators and Support Specialists will offer videos, books, and learning kits from the Health Professional.
- The Health Professional, Mental Health and Disabilities Manager, Program Managers, or Mental Health Consultant will share education and resources with families of identified needs, concerns, or questions.
- Educational topics may include:
 - Parents are their Child's First and Most Important Teacher
 - Prenatal Care
 - Breastfeeding
 - Nutrition
 - Health
 - Oral Health
 - Mental Health
 - Safety
 - First Aid & CPR
 - Child Abuse Prevention
 - Pedestrian Safety
 - Child Passenger Safety
 - Positive Child Guidance & Discipline
 - Literacy
 - Child Growth and Development
 - Social & Emotional Development
 - Kindergarten Readiness and Transition
 - Curriculum
 - Special Needs & Adaptations

- Male Involvement
 - Routines
- Other educational topics, resources, and referrals may be offered to families that have identified as a need, interest, concern, or question such as Smoking Cessation, Substance Abuse, Domestic Violence, Adult Basic Education, or Continuing Education Classes.
- Lead Educators and Support Specialists will follow up with families on all referrals and document.

This policy complies with Head Start Performance Standard 45 CFR Section 1304.40.

Approved by Policy Council on February 16, 1999.

Reviewed and Updated 3-22-2005.

Compiled policies: Parent Health Education, Opportunities for Adult Skill Development, Enhancement of Parenting Skills, and Continuing Education/Literacy. Updated and approved by Policy Council Executive Committee on 3-14-2016.