

Naps and Rest Time

Policy:

Children enrolled in a full-day program are provided with a rest environment that is safe, comfortable, and developmentally appropriate.

This policy complies with Head Start Performance Standard 1302.31 and Minnesota Department of Human Services Child Care Center Licensing 9503.0050 Subpart 3 and Section 245A.1435

Approved by Policy Council on 3-22-2005

Revision Approved by Policy Council on 8-10-2016

Revision Approved by Policy Council on 12-7-2016

Revision Approved by Policy Council on 4-5-2017

Revised and Approved by the Policy Council on 8-8-2018

Reviewed 06/18/2025

Additional References:

Naps and Rest Time Procedure