## **Handwashing**

## **Procedure:**

- Staff will supervise children washing their hands.
- Everyone must wash their hands upon arrival at the site.
- Everyone must wash their hands before handling, preparing, and eating any food.
- Everyone must wash their hands with soap and running water after:
  - o Coming in from playing outside or in a gym area.
  - O Playing in water, sand, or other substance used by more than one person (i.e., sensory table).
  - o Diapering or toilet use.
  - o Touching any type of body fluid or items (Kleenex, bandages, etc) that could be contaminated with body fluids.
  - o Brushing teeth or handling toothbrushes.
  - o Handling a pet or animal or their habitat, food/treats, or waste.
  - o Coughing, sneezing, or blowing their nose.
  - o Touching garbage or trash.
  - o Staff, volunteers, and other adults must also wash their hands with soap and water:
  - o Before and after giving medications.
  - o Before and after caring for a sick person.
  - o Before and after treating wounds (nonporous gloves should be worn).
  - o After emptying garbage.
- Alcohol-based hand sanitizers are only used in situations where soap and running water are not available. It is not used on children younger than 24 months. Staff are responsible for directly dispensing and supervising hand sanitizer use for children.