

Health & Mental Health Services Advisory Committee Meeting
Arrowhead Head Start
July 30, 2025, 11:30-12:30
Minutes

Goal: All members of the Health & Mental Health Services Advisory Committee will understand roles, expectations and purpose of the committee, who is head start & how we fit in and partner with AEOA as a Community Action Agency and other community agencies.

1. Welcome & Agenda Review

- a. Attendance. Kristine Norberg, Gabe Johnson, Tamira Morse, Deb Fisher, Carol Haasl, Aubree Hoover, Carrie Altrichter, Jami Rokala, Cassie Liubakka

2. Introductions

- a. Discussion about what members can bring to the committee; knowledge, input, suggestions, data, health trends, etc.

Cassie Liubakka made a suggestion that data around head start children's BMI's would be of interest to her and making the connection between everyone with nutrition.

- 3. Training – Power Point review. Copy of the power point training is posted on the AEOA website under Head Start Services.
- 4. Implementation of an Infant & Toddler Center in Virginia discussion. Grant and partnership opportunities. Looking for partners that may need space to provide training and education opportunities for the community, including the Head Start families. Possible site location for Children's Dental Services, Mesabi Fit, Mobile Resources, Family Services Collaborative.
- 5. Enrollment packets for the program year 2025-2026 have been collected, families interested in being part of the Health & Mental Health Services Advisory Committee will be contacted for upcoming meeting date.
- 6. Next Meeting Date & Time – Kristine Norberg will send a Doodle poll for setting the next meeting date and time. Meeting will be scheduled for late September, early October.
- 7. Adjourn – Thank you!