

# Resources to Find Low-Cost Health Care or get Health Insurance

## Find low-cost health care

- **Bridge to Benefits: MN Low-Cost Health Care Directory**  
([www.bridgetobenefits.org/MN Low Cost Health Care Directory](http://www.bridgetobenefits.org/MN_Low_Cost_Health_Care_Directory))  
Enter your county to find a list of low-cost clinics near you.
- **Minnesota Association of Community Health Centers (MNACHC)**  
(<https://mnachc.org/community-health-centers/find-a-health-center/>)  
Use the map or enter your location to find a Community Health Center (Federally Qualified Health Center) near you. Community Health Centers provide medical, dental, and behavioral health services to people with limited access to care.

## Find health insurance

- **MNSure Apply and Enroll for insurance**  
([www.mnsure.org/new-customers/apply/index.jsp](http://www.mnsure.org/new-customers/apply/index.jsp))  
You can apply for insurance, such as Medical Assistance and MinnesotaCare, online or get an enrollment expert to help you. Most Minnesotans who enroll through MNSure qualify for financial help.
- **MNSure Navigators**  
(<https://www.mnsure.org/help/find-assister/find-navigator.jsp>)  
Navigators can help you enroll in Medical Assistance or MinnesotaCare (if you are eligible). They can also help you enroll in a private insurance plan and provide basic health insurance education. Many navigators are based in community organizations and offer assistance in languages including Chinese, Somali, Spanish, Hmong, and Vietnamese.
- **Hospital Presumptive Eligibility Program**  
(<https://mn.gov/dhs/partners-and-providers/policies-procedures/minnesota-health-care-programs/provider/hpe/>)  
You may be able to sign up for Medical Assistance or MinnesotaCare when you are at the hospital. If you meet the requirements, you can be covered for services before completing a full application.

## Find additional health services

- **Local Health Departments and Community Health Boards**  
(<https://www.health.state.mn.us/communities/practice/connect/findlph.html>)  
Contact the local health department and/or community health board in your county to seek guidance and ask about services you may be eligible for.

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To obtain this information in a different format, call: 651-201-5414.