

Omada for Type 2 Diabetes

We leverage our deep expertise in behavior change and add additional components designed to improve blood glucose control and address critical gaps in diabetes care.

SPECIALIZED PROGRAM GOALS

Omada surrounds participants with the tools and support they need to develop sustainable self-management behaviors designed to:

- ✓ Improve blood glucose control
- ✓ Avoid dangerous blood glucose values
- ✓ Encourage lifestyle change to lose weight
- ✓ Support adherence to diabetes and lipid medications
- ✓ Promote regular check-ups

All of these components develop health behaviors that are known to reduce diabetes-related complications, improve overall health and quality of life, and reduce healthcare spend.

CONDITION SPECIFIC ENHANCEMENTS

At a glance, what makes the Type 2 Diabetes (T2D) offering unique?

Features

Curriculum: Core lifestyle change + disease self-management education (covering all 7 AADE self-care topics)

Connection to Medical Home: program referrals, health maintenance support, data reporting

Medication Self-Management

Home Monitoring: cellular scale + cellular glucometer

Program Length: ongoing as a participant needs

Coach: Certified Diabetes Educator

Peer Group: T2D specific

Care Navigation / Benefit Referrals